



Twinsburg

Fitness Center *Ohio*

Swim Lessons

Winter



Registration Available At
TwinsburgRecreation.com OR Fitness Center Front Desk

The following course descriptions and schedules cover ALL swim lessons offered. Please note that as the levels progress, it is not unusual for a child to repeat a level several times. Remember that each child is unique and is evaluated on their swimming ability, not age. If you are not sure about what level to place your child into; please feel free to ask the Aquatic Manager and staff. Please observe all swimming lessons from the pool balcony. There will be no refunds or make-ups for missed classes.

Parent & Child (6 Months- 3 Years):

This program helps children between 6 months and 3 years of age become comfortable in and around the water. Parents will learn different support techniques as well as how to help children learn and practice skills appropriate for their age. Parents will be in the water with their children for this class.

Preschool Age (3—5 years):

Preschool Beginner: I cannot put my face in the water, need support to float, and want to become more comfortable in the water.

Preschool Advanced: I can put my face in the water and am comfortable being in the pool. I am ready to start trying some swimming skills independently.

Preschool Super Kids: I passed preschool advanced. I understand the basics of floating, kicking, and swimming and am ready to begin swimming independently and floating on my back.

School Age (6 & Older):

School Age Beginner NEW: I have little to no previous experience with swim lessons. I did not participate in the preschool swim classes. I want to become more comfortable in the water. I need to learn to float and swim independently.

Level 1: I passed Preschool Super Kids or School Age Beginner. I am ready to swim front crawl further independently. I am ready to begin learning back crawl and breast stroke.

Level 2: I am ready to swim front crawl, back crawl, and breast stroke independently. I am ready to begin rotary breathing. I am ready to begin combining multiple skills in a sequence while swimming such as treading, floating, and changing direction.

Level 3: I am ready to begin diving from the pool edge, swimming the full 25 yard length of the pool, and learning butterfly. After completing this class I will have demonstrated all of the skills of basic water competency.

Registration Begins

December 8, 2023 at 8:00 a.m. for Members/Residents
December 15, 2023 at 8:00 a.m. for Non-Members/Non-Residents

Learn to Swim 2024 Schedule and Rates

Winter

Tuesdays: Winter Session (1/16 - 2/20)

Pre-School Beginner	Pre-School Advanced	Pre-School Super Kids	Level 1	Level 2	Level 3
5:30p—6p	6:15p - 6:45p	7p - 7:30p	5p - 5:45p	6p - 6:45p	7p - 7:45p

Thursdays: Winter Session (1/18 - 2/22)

Parent & Child	Pre-School Beginner	Pre-School Advanced	Pre-School Super Kids	Level 1	Level 2	Level 3
4:45p - 5:15p	6:15p - 6:45p	7p - 7:30p	5:30p - 6p	6p - 6:45p	7p - 7:45p	5p - 5:45p

Saturdays: Winter Session (1/20 - 2/24)

Parent & Child	Pre-School Beginner	Pre-School Advanced	Pre-School Super Kids	School Age Beginner	Level 1	Level 2	Level 3
8a- 8:30a	9:30a - 10a 11a - 11:30a	10:15a - 10:45a	8:45a - 9:15a	10a - 10:45a	9a - 9:45a	8a - 8:45a	11a - 11:45a

Lesson Rates - *Covers Entire Session*

Session Rates	Annual Fitness Center Member	District Resident	Other
Entire Session	\$50	\$72	\$88

Refund Policy: Cancelling at least 48 hours before program starts - full credit to your Parks and Recreation account. Cancelling 48 hours or less before the program starts - no refund unless a doctor's note is presented; the refund will be subject to the above policies. Once program has already begun - a refund, subject to the above policies, will be prorated as long as documentation from the participant's doctor is presented.

There are no makeup classes or pro-rated session fees for classes missed.